

Ride with us across the country to create awareness, raise funds,
and help **Break the Cycle** of children's mental illnesses



**Washington State
to Washington, DC**

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY
WWW.AACAP.ORG

Ride with us and help

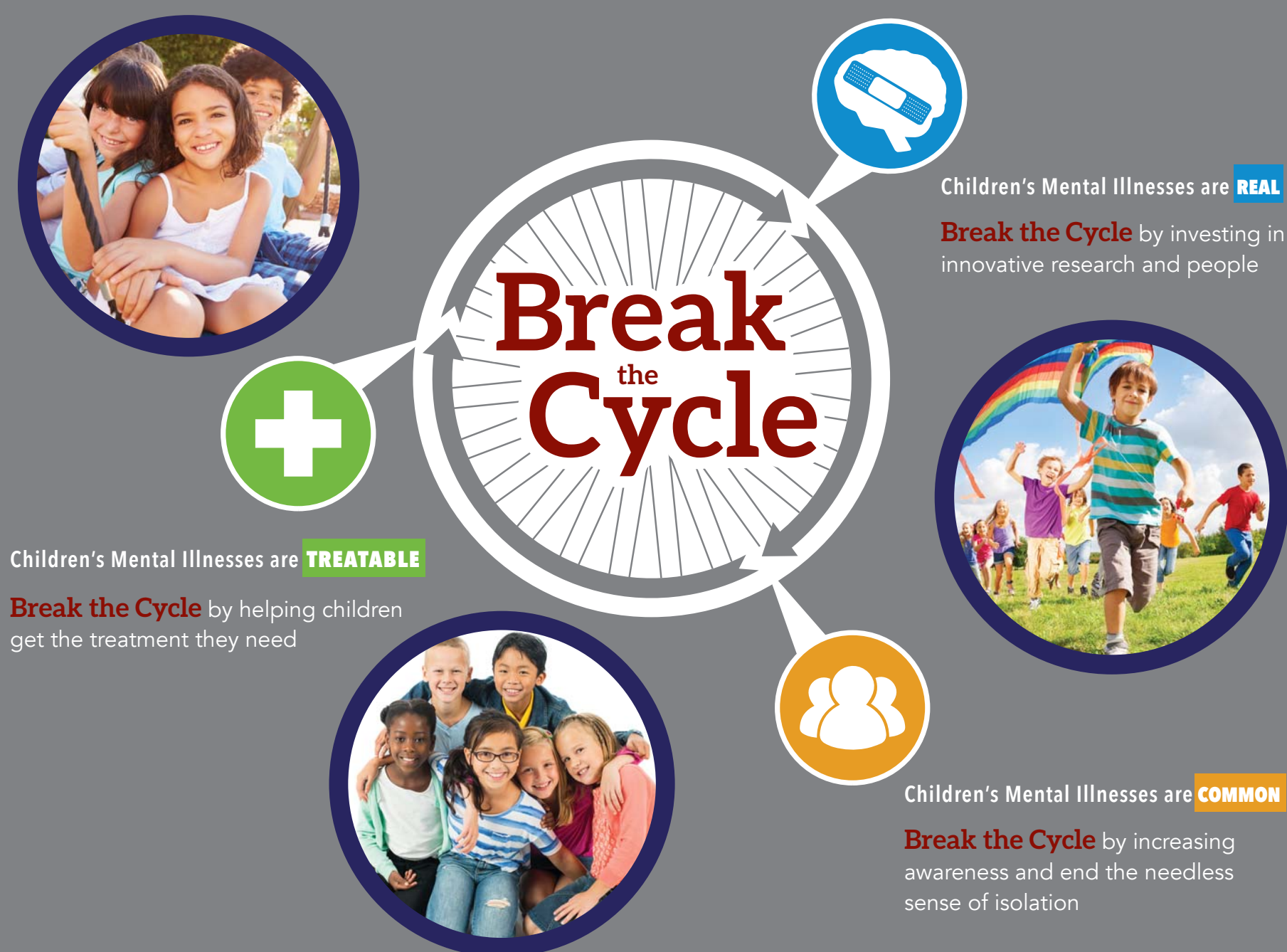
Break the Cycle

of children's mental illnesses

There's a crisis in the U.S. when it comes to children's mental illnesses. Children are caught in a cycle of limited access to care, delayed treatment, and worsening illnesses.

This ride is to **Break the Cycle**: raising awareness and support for efforts to fund new research initiatives, increase the number of child psychiatrists, and help ensure that children suffering in silence get the treatment they need.

Children's mental illnesses are **REAL**, **COMMON**, and **TREATABLE**



The members of the American Academy of Child and Adolescent Psychiatry are the medical experts and professionals best able to help children with mental illnesses reach their full potential.

Dr. Andrés Martin will cycle from Washington State to Washington, DC, leading a ride to raise awareness of the challenges faced by children and adolescents with mental illness.

Andrés is a child and adolescent psychiatrist and member of the American Academy of Child and Adolescent Psychiatry. He is the Riva Ariella Ritvo Professor at the Yale Child Study Center and Medical Director of the Children's Psychiatric Inpatient Service at Yale-New Haven Children's Hospital. He has served as editor-in-chief of the *Journal of the American Academy of Child and Adolescent Psychiatry* since 2008. He is an avid cyclist and triathlete.

Andrés lives in New Haven, Connecticut, with his wife, Rebecca, and their four children.



YOU ARE THE SOLUTION

Help us **Break the Cycle** of children's mental illnesses

Summer 2017



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